

6 WEEK SESSION! THIS FALL!

Fall Enrollment Now Open! Amazing Athletes multi-sport program sets kids on a path to an active & healthy lifestyle by teaching them the basics of 10 sports, health, and nutrition.

**AGES
18 MOS
- 6 YRS**



CLASS OVERVIEW

**CLASS
OVERVIEW**

**WARM
UP**



**ACTIVE
EDUCATION**



SPORT #1



SPORT #2



**COOL
DOWN**



CLASS DETAILS

DAY:

Thursdays (start date 9/18)

LOCATION:

Coeymans Landing

AGES:

18 months - 6 years

TIME:

18 months - 2.5 years @
5:15-5:55 pm

3 - 6 years @6:00-6:45
pm

COST:

\$90 (6 weeks) & \$ 25 reg fee



FOR MORE INFO, CONTACT US:

AMAZING ATHLETES OF THE CAPITAL REGION

AMAZINGATHLETES.COM

@AMAZINGATHLETES

Kayla Boomhower, OWNER

capitalregion@amazingathletes.com

**SCAN TO
ENROLL**

