

2 – 10 yrs

Enroll Online @ [AmazingAthletes.com/locations](http://AmazingAthletes.com/locations)



# Amazing Athletes®

## PLAY.

- BASKETBALL
- FOOTBALL
- VOLLEYBALL
- TENNIS
- SOCCER
- HOCKEY
- GOLF
- BASEBALL
- LACROSSE
- TRACK + FIELD

## LEARN.



INTRODUCTION TO NUTRITION + MUSCLE IDENTIFICATION

## PERFORM.

- BALANCING
- RUNNING
- THROWING
- CATCHING
- KICKING
- JUMPING



**Location:** Riverfront Coeymans Landing – 7 Division Street Ravenna, NY 12143

**Age:** 2 – 10 years

**Day + Time:** Thursdays (2 – 4 yr. old @ 5:00 PM & 5 – 10 yr. old @ 5:50 PM)

**Date:** March 17<sup>th</sup> – 7 Week Community Session

**Cost:** \$15 per class & \$20 annual registration fee

**Contact:** Kayla Boomhower, Owner · [capitalregion@amazingathletes.com](mailto:capitalregion@amazingathletes.com)

**Register Online - [Amazing Athletes](http://AmazingAthletes.com)**

*Kids that participate will receive an Amazing Athletes T-shirt!*